

**LIFESTART KAYAK FOR KIDS – 25 March 2012
LUNCH BOX ORDER FORM**



Please complete and return by email to KirrilyMcNamara@lifestart.org.au
or fax (02) 9807 9600

Name: Team Name:.....

Mobile:..... Email:.....

LUNCH BOX MENU	NO. REQUIRED	ITEM COST	TOTAL COST
MENU 1: <ul style="list-style-type: none"> • Flat bread with chicken, avocado, seeded mustard and mesclun • Baguette with ham, baby spinach and tomato relish • Grilled mushroom and capsicum tart with shaved parmesan • Orange cake and strawberries 		\$15	
MENU 2 <ul style="list-style-type: none"> • Tortilla wrap with smoked salmon, rocket and lime mayonnaise • Grain roll with rare beef, mesclun salad and honey mustard • Ham and mushroom quiche • Banana cake and fresh grapes 		\$15	
MENU 3 <ul style="list-style-type: none"> • Flat bread with red salmon and baby spinach, Spanish onion and lemon myrtle • Pastrami salad with country style relish on rye bread • Honey, soy and ginger chicken skewer • Fresh fruit salad and mini muffin 		\$15	
MENU 4 <ul style="list-style-type: none"> • Tortilla wrap with turkey, cranberry and brie with rocket • Char grilled vegetables, goats cheese and hommus in Turkish bread • Roast kumera and potato frittata with sundried tomato • Coconut raspberry slice and grapes 		\$15	
		TOTAL:	\$

* Please collect lunch orders from the finish at Clontarf Beach from 11:30am

Payment Options:

1. Cheque / Money Order : Make cheques payable to Lifestart Co-operative Ltd and send to: 78c Charles Street, Putney NSW 2112

2. Credit Card - Mastercard Visa Card Number:

Expiry Date: / Name on Card:

Total Amount: \$..... Signature: